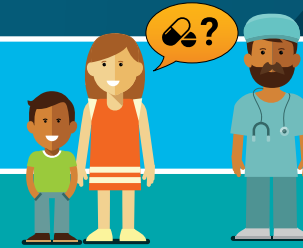


Top Tips for Safe Health Care



What you need to know
for yourself, your family
or someone you care for.

1 Ask questions
You have the right to ask questions about your care.



2 Find good information
Not all information is reliable. Ask your doctor for guidance.

3 Understand the risks and benefits
Find out about your tests and treatments before they happen.



4 List all your medicines
Ask your doctor or pharmacist if you need more information about the medicines you are taking.

5 Confirm details of your operation beforehand
Ask to be told who will be doing your procedure and what will happen to you.

6 Ask about your care after leaving hospital
Ask for a written outline of your treatment and what should happen after you get home.

7 Know your rights
You have a number of rights as a patient. Read our guide to find out what they are.

8 Understand privacy
Your medical information is confidential. You can ask to see your medical record.

9 Give feedback
Feedback helps health professionals spot when improvements can be made.